

MEMBERS ON THE (BLOG)SPOT



Ellie Mental Health Team at 2023 Clive Festival

PRODUCTS/SERVICES OFFERED

Ellie Mental Health provides support for a wide range of mental disorders and common mental health issues.

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Members on the (Blog)Spot is a monthly feature of member businesses of the Clive Chamber of Commerce. If you are interested in having your business featured, contact kschmidt@clivechamber.org.

Ellie Mental Health's mission is to break down barriers and reduce the stigma regarding mental health care. Whether you're a child, teen, or adult, their compassionate licensed therapists can provide you with customized counseling services that meet your therapy needs. They specialize in life stress, relational conflict, depression, anxiety, and many other challenges. Ellie Mental Health values compassion, authenticity, creativity, humor, and acceptance in the services they provide in their comfy, judgment-free environment.

Ellie Mental Health originated in the Twin Cities in 2015. They pride themselves on being the first 'Iowa Ellie' right here in Clive! Since opening in June of 2023, their therapists have already been fortunate enough to provide quality care to hundreds of central Iowans.

Bryan Hall, Ph.D, LMHC and Clinic Director, wants everyone to know "There is nothing wrong with seeking professional help to better one's mental health! It's one of the most important things an individual can do for themselves and their families." Ellie Mental Health strives on providing an important service to the community that is in great demand. Helping to make mental health care more accessible is their passion, and they are thrilled to be able to do so every day!

Ellie Mental Health has been a member of the Clive Chamber since June 2023 when they opened their business. They aim to be an active member of the community and help anyway they can! You can reach out and learn more about Ellie Mental Health at their website elliementalhealth.com or by calling them at 515-393-6702.

