MEMBERS ON THE

(BLOG)SPOT





PRODUCTS/SERVICES OFFERED

Martial Arts and Self-Defense training for the community. More specifically, they offer Taekwondo, Krav Maga and both Basic and Advanced Self-Defense training.

CONTACT INFO

Matt and Chris White information@triumphma.com

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Members on the (Blog)Spot is a monthly feature of member businesses of the Clive Chamber of Commerce. If you are interested in having your business featured, contact kschmidt@clivechamber.org.

Triumph offers a variety of programs that serve individuals, families, groups and organizations, local schools, colleges and universities, and businesses and corporations of all sizes - both large and small. Their traditional Taekwondo classes begin as young as 4 years old! They have age-specific programs for Preschool Age Kids (4-6), Older Kids (7-13) and Adults 14+ (there is NO maximum age!).

Triumph has also been around for nearly 20 years (18, to be exact!), and they are here to stay! Their instructors are professionally, nationally & internationally certified to teach martial arts and self-defense. Owners Matt and Chris White shared that they "love helping kids and adults in the communities they serve and are training instructors to continue that legacy well into the future!"

Triumph Martial Arts has been a member of the Chamber since 2018 and through their membership, they "have met a variety of business owners and expanded their network in the Des Moines metro area", according to ownership. Their expanded network has "opened doors to additional organizations that they've joined and given them access to resources that they would otherwise not have had or known about."

Matt and Chris White have been training in martial arts for more than 30 years and both have obtained black belts in both Taekwondo and Krav Maga. They currently live in Pella, which is where Triumph opened its first location. Triumph expanded into the Des Moines metro in 2008, operating out of a local health club in Pleasant Hill. Their current location, a 5,000 square foot facility in Clive, was completely remodeled and the doors opened in 2016. Triumph's expansion continued in Pella as well, moving into a newly renovated full-time location in Pella in 2018.

Matt and Chris said their favorite part of their business is "instilling confidence" in their members! They have had the honor of helping hundreds, if not thousands, in the community - both kids and adults alike - increase their self-confidence. They teach discipline and respect, as well as leadership skills in their martial arts classes - in addition to the physical skills so important to keep oneself safe.

To connect with Matt or Chris for more information, call 866-648-8480, or email them at information@triumphma.com.