

# MEMBERS ON THE (BLOG)SPOT



## PRODUCTS/SERVICES OFFERED

Acupuncture, Herbal Therapy, Cupping, and Nutrition

## CONTACT INFO

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Members on the (Blog)Spot is a monthly feature of member businesses of the Clive Chamber of Commerce. If you are interested in having your business featured, contact [kschmidt@clivechamber.org](mailto:kschmidt@clivechamber.org).

Bodhi Acupuncture and Wellness is an acupuncture clinic providing services to many clients in the Des Moines metro area. The Clive-based clinic offers several treatment options that can be successfully integrated with the patient's current medical protocols as well as preventative medicine to help patients achieve their maximum health potential and quality of life. This is achieved through traditional Chinese medicine including Acupuncture, Herbal Therapy, Cupping, and Nutrition. Bodhi acupuncture treats lower back pain, headaches and migraines, allergies, infertility, neuropathy, knee pain, and more in people of all ages. "The questions that I am probably asked the most about acupuncture are "Does It hurt?" and "Does it work?" writes practitioner John Emanoil. "Acupuncture uses very thin needles and does not hurt. You may feel a dull aching sensation for a few seconds, but it is not painful, in fact, acupuncture relieves pain." Addressing the second question, John writes that "acupuncture helps increase your body's self-healing abilities, so yes, it works very well for many different health conditions."

Bodhi Acupuncture and Wellness has been in business for 10 years. Open from 9 A.M. to 8 P.M. Monday through Friday, Bodhi Acupuncture and Wellness is a local acupuncture clinic with an individual practitioner/owner, John Emanoil, Lac., Dipl. Ac. While living and working in Chicago, Illinois, John decided that he wanted to help others. He has always had an interest in Eastern Medicine and even received acupuncture for his lower back pains, which helped him tremendously. John decided he wanted to help others in the same way, so he took a leap and made a big career change. He enrolled in the Midwest College of Oriental Medicine, and after four years of graduate school, John began his own practice in Chicago, which he later relocated to Clive.

John became a member of the Clive Chamber in 2015. He believes the Chamber was instrumental in getting his business off the ground. "The Chamber provided an opening ceremony, and the networking from Chamber events helped to provide a strong patient base," John reflects. John was not a member last year, and he noticed that he was not as involved in his community, so he decided to get involved with the Chamber again. "It is just a great way to stay involved with the community and build your business," he says.

At Bodhi Acupuncture and Wellness, you will receive individualized treatment for your specific needs. "What I love about acupuncture is that I am always learning," writes practitioner John Emanoil. "An individualized treatment plan is mapped out for each patient because we know that every situation is unique. This type of treatment allows us to get to the root of the problem instead of just treating the symptoms," he continues. "Finding the right protocol for the individual can be very satisfying. I feel that every person is an important part of the Bodhi Acupuncture community." To begin receiving individualized acupuncture treatment, call Bodhi Acupuncture and Wellness at 515-512-6909, email John at [jemanoil@gmail.com](mailto:jemanoil@gmail.com), or visit the clinic's website, [www.bodhiacupuncturedesmoines.com](http://www.bodhiacupuncturedesmoines.com).